



# Join the headspace Mount Gambier Family and Friends Reference Group

are you a person who has lived experience of supporting a young person through headspace services?

would you like to join a group of people with similar experiences to advocate for the contribution and the needs of families and friends across headspace groups and programs?

## what is it?

The family and friends reference group meets to discuss and advocate for inclusive practises involving family and friends in headspace services

## For more information

Contact Nick on 8725 0443, or email [headspacemountgambier@unitingcommunities.org](mailto:headspacemountgambier@unitingcommunities.org)

## Scan to apply!

