

Clinical Toolkit

Clinical Tips: Sexual History Assessment

You must obtain consent from the young person before assessing their sexual history. Some questions you may ask in a sexual history assessment, but are not limited to, are:

- Is your current partner your first sexual partner? When did you commence sexual activity? Was it consensual? Was it an enjoyable experience?
- Have you ever participated in oral sex, and are you aware of the STI risk?
- Current use of contraceptives and date of last unprotected intercourse
- The number of sexual partners in the last 3 months, whether all partners were of the same sex, and whether condoms were used
- Have you participated in anal/vaginal sex and were condoms used in each type?
- Have you ever been diagnosed with a STI before?
- How many sexual partners has your partner had, and have they been diagnosed with an STI before?
- Do you have any discharge, dysuria, fever, rash, painful intercourse, perineal pain or general pelvic pain?
- In females: date of menarche, where are you in your menstrual cycle and are your periods regular?
- Have you ever had 'unwanted' sex or a non-consensual sexual experience, or been coerced into having sex?